

FREE



SPRING 2015

# FAMILY GYM

GAMES • MUSIC • MOVEMENT • GIVEAWAYS

## What is Family Gym?

A **FREE** play program for families with children ages 3-8 to get up, out and moving together.

Drop-in, no pre-registration required. Adult participation is required during Family Gym.

Fun and safety are our priorities. Adults must remain in the gym with their children at all times.

## Sponsored By

Healthy Kids, Healthy Futures, a program of Northeastern University and Boston Children's Hospital, in partnership with Boston Centers for Youth & Families, ABCD Head Start, and UMass Boston.



Northeastern



Boston Children's Hospital



## Three Locations:

### BCYF Holland Community Center

85 Olney St., Dorchester, MA 02121

Parking available in the Holland Elementary parking lot, MBTA accessible

- Saturday 10:00 AM - 11:30 AM, from February 7 through April 18

*\*No Gym on March 14 or March 21*

### BCYF Recreation Center at Madison Park

55 Malcolm X Blvd., Roxbury, MA 02120

(Building #4, enter at the flagpole)

On-street parking on Malcolm X Blvd., MBTA accessible

- Saturday 10:00 AM - 11:30 AM, from February 7 through April 18

*\*No Gym on March 7 or March 14*

### BCYF Blackstone Community Center

50 West Brookline St., Boston, MA 02118

(between Washington St. & Shawmut Ave.)

Parking available in the Blackstone Elementary parking lot, MBTA accessible

- Saturday 10:00 AM - 11:30 AM, from February 7 through April 18

*\*No Gym on March 7 or March 14*

For more information:

Call 617.373.7615 or

Visit [www.neu.edu/healthykids/for-families](http://www.neu.edu/healthykids/for-families)